



## Defibrillator

The Club Defibrillator is situated by the entrance door to the Galley. This device is easy to use and should be the first port of call in a situation that may be considered a Heart Attack. To use it, remove it from the wall, switch it on and follow the audible instructions. For a quick and simple Video, follow this link: <https://www.youtube.com/watch?v=ny0-zQfG-ps>

Training in use of a Defibrillator has now been incorporated into our First Aid Courses. Please contact the Training Team for more information.

## Safeguarding and Child & Vulnerable Adult Protection Policy

The child's and vulnerable adult's protection is paramount: no child under 16 years of age or any vulnerable adult may be left unattended at the club.

All children and vulnerable adults, whatever their age, culture, disability, gender, language, racial origin, religious belief and/or sexual identity have the right to protection from abuse. All suspicions and allegations of inappropriate behaviour will be taken seriously and reported to swiftly and appropriately.

As defined in the Children Act 1989, for the purposes of this policy anyone under the age of 18 years should be considered as a child.

For guidelines on dealing with child or vulnerable adult abuse see the "RYA Safeguarding and Child Protection Policy and Guidelines" document on the club noticeboard or on the RYA website at

<http://www.rya.org.uk/infoadvice/childprotection/Pages/default.aspx>

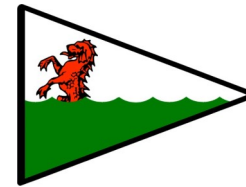
Local Safeguarding contact at Cheshire East Council

<http://www.cheshireeastscb.org.uk/contact/worried-about-a-child.aspx>

Cheshire East Local Authority Designated Officer (LADO) 01606288931

Childline Tel: 0800 1111

NSPCC Tel: 0808 800 5000



# Nantwich & Border Counties Sailing Club



## Members Handbook<sub>v2</sub>

2022 onwards



Patron :- Lady Delves-Broughton

Trustees :- Rob Richards, Richard Goodwin, John Harrison

Club Telephone No. 01270 520368

Club Website [www.nantwichsail.com](http://www.nantwichsail.com)

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### Access to the Club Constitution

It has been agreed by the committee not to publish the club constitution in the club handbook but to direct anyone who wishes to consult the document to the club web site. The constitution can be found on the “about” tab at

**<http://www.nantwicksail.com/about-2/constitution-and-rules-of-nantwich-and-border-counties-sailing-club/>**

### Dinghy Sail Training at N&BCSC

Nantwich & Border Counties Sailing Club is an RYA Recognised Training Centre which entitles us to run RYA dinghy sailing, powerboat courses and to award internationally valid certificates of competence in these skills. Our courses are run on a voluntary basis by a dedicated and enthusiastic team of club members. All of the instructors within the team have undergone intensive, demanding training and assessment to achieve their RYA Instructor Qualification.

We run two Adult and two Youth Sailing Courses each year and will also typically run a Start Racing Courses, a number of Powerboat Levels 1 - 2 and Safety Boat Courses. In addition organise other courses using external trainers covering First Aid, Marine Short Range Radio, Day Skipper Theory and Yacht Master Theory. Visit the Club Website for more information on this year's Training Programme or make enquiries on any aspect of Training being carried out.

To help Members newly qualified Dinghy Sailors to develop their skills and to determine the best boat for them to buy, the Club Training Fleet of sailing dinghies is available for loan for a small charge. Details can be found on the website [www.nantwicksail.com](http://www.nantwicksail.com)

Members are invited to help and join the Training Team at all levels, from helping to launch and recover boats, safety boat cover, assist Instructors and why not become a Qualified Club RYA Instructor. Its all is very simple just contact the Training Team

## Nantwich & Border Counties Sailing Club

### Important Information

All boats must be securely tied down both with a rope which passes around the mast and another one at the stern to stop it from being blown round by the wind. You must also check the security of the lashing at frequent intervals if you are not using the boat regularly and must also check it during the close season. Should your boat be blown over then the adjacent boats are at risk and you may well suffer an insurance claim from others.

**Water** - There is now no need to turn the water on or off; it is operated electrically via the main switches.

**Electricity** - Please turn off all electrical appliances, especially heaters, before turning off the main switches.

**Reports of damage**, breakages, other problems and useful suggestions may be made via email to [committee@nantwicksail.com](mailto:committee@nantwicksail.com)

**Road Trailers** must not be left on the club premises as this encourages theft.

**Insurance** - All dinghies and sailboards must be insured through the class association or a registered insurer with third party cover for at least £3,000,000

### Club By-Laws

The By-Laws in this booklet are made by the Committee and may be modified from time to time. They are supplementary to the Club Constitution which can be modified only by voting at an AGM or EGM. A copy of the constitution can be obtained from the secretary or the website. N&BCSC has Community Amateur Sports Club Status

### Introduction

Set in an area of great natural beauty in the Doddington Estate, Cheshire, we are a local family friendly club. We offer all types of dinghy activities. You can learn to sail or gain a powerboat qualification with our RYA qualified instructors. We have an active Junior Club, Taster Sessions and provide safety boat cover for members on Saturdays, Wednesday Evenings and Public Holidays. We have a full racing program with Fleet and Handicap racing from March to December on Sundays and also host Open Meetings for a number of dinghy classes.

The purpose of the club is to encourage dinghy sailing and promote the amateur sport of sailing. Members need not own boats nor have previous sailing experience. We encourage a helpful family friendly atmosphere in which members of all abilities and ages are welcome.

The most popular boats sailed are GP14, Laser, Solo, Topper, Mirror, Pico and Comets. Organised racing takes place on Sundays between March and December.

## Types of Sailing

Throughout the summer months sailing is encouraged on a Saturday and on a Wednesday evening at which we hold both leisure sailing and informal racing events. Members are welcome to sail on other days but safety cover in the form of a rescue boat may not be present.

More experienced Club members are available to offer help and advice should it be required. The club is a recognised Royal Yachting Association (RYA) Training Centre and courses are arranged for various levels. The Clubhouse, changing facilities and galley are available to members and social events are organised throughout the year.

In order to keep Subscription rates down members are expected to be involved assisting with race management, safety boat cover, maintenance and galley duties. These are not too onerous and tend to encourage a friendly atmosphere. See Work Parties & Duties.

### Wednesday Evening Sailing

Safety Boat cover provided for a Summer Evening sail from 7.00 pm until dusk, so this is a good opportunity to improve boat handling skills or simply enjoy a mid week leisure sail. The Duty Officers will set up to 3 short pursuit races - just for fun; the results are not recorded. They will also often give advice and encouragement to novice sailors. A Barbeque often follows if you wish to bring your own food to cook.

### Saturday Afternoon Sailing (and some Bank Holidays)

Safety Boat cover will be provided on these afternoons (dates in the Sailing Programme) from 2.00 pm to 5.00 pm. The purpose is to encourage those members who wish to cruise/leisure sail/practice skills in a relaxed environment without any pressure.

### Ladies who Launch

Open to all Ladies of the Sailing Club who would like to sail separately from the Gentlemen, an opportunity for a pleasant evening sail and/or some socialising. We meet on Thursday Evenings during the summer between 6.30 pm and 9.00 pm.

### Dodd Squad

This is the junior arm of the Club. It offers a range of sailing, training and social events to the Junior Members throughout the season.

### Club Racing - Sunday Racing

The Club holds a number of Points Series and Trophy Events throughout the year. These races are open to all club members and Prizes or Trophies are awarded using both scratch and handicap scoring, giving everyone the opportunity to succeed. New members will find plenty of help and support from other competitors. Check the sailing programme for dates and times or contact the Sailing Captain.

### Pursuit Races

Pursuit races are independent of any fleet as all boats compete together according to their Portsmouth Yardstick rating (PY). Each race is for a fixed duration with the slower boats starting before the faster boats. Check the sailing programme for dates and times.

### New Helms Race

A series of handicap races for New Helms will take place during the summer on Saturday afternoons. A New Helm is defined as any member who has never won any scratch race or trophy. Crews in two-handed boats must also meet these criteria.

## Abandoned Boats

If a member is more than three months in arrears with any fees or subscriptions due to the club the committee may move the vessel or sell it, without being liable for loss or damage, in accordance with the club Rules and Constitution.

## Club Area

Members are requested to keep within the club area and not wander about the lake shore or park. Dogs must be confined to the car park and not allowed to run loose.

## Vehicles

Are not permitted in the boat park and must be parked in the car park so as not to cause obstruction to other cars or the approaches to the clubhouse.

Road Trailers must not be left on the club premises as this encourages theft.

## Visitors

Members are responsible for the welfare and good behaviour of their visitors (including children) who must be entered in the visitor log. The same visitor may not attend more than three times in a season without prior committee approval and may not bring their own boat. Visitors may sail in a suitably insured member's boat. Racing results with a visitor as crew will be counted but not as helm. Visitors details must be entered into the Visitor Log Book.

## Dangerous Occurrences

Details of accidents and near misses should be recorded using an accident report book located by the First Aid cabinet as instructed.

## Training

RYA recognised training courses for dinghy sailing are held throughout the season. Those wishing to join such courses should contact the training officer for further details and availability. Powerboat courses are restricted to those who undertake to perform safety boat duties in support of club activities. The club may assist members to become sailing instructors but such assistance is conditional on the recipients providing tuition on dinghy training courses organised by the club. See also page 24

## Health Hazards

In common with all small inland waters there is a small risk of infection from Leptospirosis and occasional blooms of blue/green algae. Open wounds should be protected by a waterproof covering. Symptoms of Leptospirosis are similar to influenza and your GP should be warned in the event of illness. Any sightings of rats or their droppings should be reported to a committee member. Members and children are therefore advised not to swim or play in the water.

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## Powered Craft

Are not allowed except the committee and safety boats which may only be used during organised events. Instructions for the use of these boats are displayed in the respective boat houses. Safety boats should be manned by two competent people and only driven at high speed in an emergency. The first duty of the safety boat is the safety of personnel before righting capsizes. Children under the age of 12 should not be carried in the safety boat unless being rescued.

## Limitations of Craft

Only dinghy sailboards and paddle sports vessel types approved by the committee are permitted to sail on the club water .

## Organised Sailing

Covers all events including racing, leisure sailing and training sessions when a manned safety boat will be on the water. These events will be agreed by the committee and a copy of the season's programme will be made available on the club website at the start of the season. Any sessions agreed by the committee but too late for publication will posted on the programme on the club web site.

## Non-organised sailing

Adult members may sail at their own risk when safety boat cover is not available. Helms must only sail when they are confident that they can cope with prevailing weather conditions. Access to the clubhouse will be required to enable the Visitor Log book to be signed and give access to emergency telephone, first aid and hot showers if required. Young members under the age of eighteen must be accompanied by a competent adult member. Sailors are requested to keep well clear of the banks where fishing is taking place.

## Use of the Clubhouse

Members may use the clubhouse at any time but the member opening the clubhouse and switching on any services must switch off and lock up when leaving or positively hand over responsibility to another key holder. All members are expected to keep the clubhouse and boat park clean and tidy. No food must be left at the club and any rubbish taken home.

## Open Meetings

Details of which appear in the club programme are restricted to club members and others who wish to compete in the advertised class of dinghy on payment of an entry fee. No other boats are permitted to sail during the racing.

## Berths

Will be allocated by the Berthing Officer and are not transferable. The committee must be notified if a boat is disposed of or sold to another member. Members must regularly cut the grass around their boat throughout the season and check that it is securely tied down. See Page 7 for further details.

## Sailing at other times

Club members may sail at any other time and use Club facilities at their own risk as no official Safety Boat will be provided. Please be aware of weather conditions and your own level of sailing ability.

## Racing Season Notes

(S) = Scratch; (H) = Handicap; (PY) = Portsmouth Yardstick

## The Racing fleets explained

There will be four racing fleets with four starts, except during the Summer Points series (where a fifth start (Junior Fleet) will be added) as follows:

Start (1) will be Laser Fleet only  
Start (2) will be multiple classes with PY of less than or equal to 1160. (Fast Fleet)  
Start (3) will be GP14 Fleet only.  
Start (4) will be multiple classes with PY of more than 1160. (Menagerie Fleet)  
Start (5) will be Junior Fleet (Summer Only)

NB Comets can elect to race in either the Fast or Menagerie & Junior fleets but should not 'change fleets' during a series or trophy event.

## Emergent single class fleet.

To encourage single class racing, the sailing committee may give fleet status (with award of prizes) to any class during the year. As a general guide, this will occur where four or more boats of the same class regularly start and qualify for a Points series or Trophy Day.

## Dinghy Classes.

Only craft with a Portsmouth Yardstick between 1051 and 1386 inclusive and other craft approved by the committee may participate in races

## Trophies & Points races

Trophy or Points races will be events for all fleets i.e. Laser, Fast Handicap, GP14, and Menagerie. There will be four points series sailed over a number of days.

## Spring Points, Summer Points, Autumn Points and Frostbite.

Fleet winners (both scratch and handicap) will be awarded Trophies. Should the same helm come first in both scratch and handicap only the scratch trophy will be awarded with the handicap trophy going to the helm coming second on handicap.

In the case of the same helm coming first in both scratch and handicap on trophy days they will receive only the designated prize. This will be the Handicap Prize for Trophy Events 1,3 & 5 and the Scratch Prize for Trophy Events 2, 4 & 6 and the spring, summer, autumn and Frostbite series.

The helm coming second on scratch in Trophy Events 1, 3 & 5 and the helm coming second on handicap in the other events will receive the non-designated prize. Prizes will be awarded at the discretion of the committee.

## The Junior Challenge Trophy

Juniors must be under 19 years by the end of the Autumn Points to qualify.

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**Coxswain of the Year Series.** These are scratch Trophies for the Victor Ludorum in each class being awarded on the basis of the number of wins in the Spring, Summer & Autumn Points, Frostbite series. The major Trophies will be –

Fleet	Trophy
GP14	Coxswain of the Year
Two handed boats	Crew of the Year
Laser Fleet	Good Wins Trophy
Fast Handicap	Bennett Trophy
Menagerie Handicap	Doddington Plate
Topper Dinghy's	Top Hat Trophy
Mixed Fleet	Junior Challenge Trophy

Juniors must be under 19 years by the end of the Autumn Points to qualify.

**Trophies.** Awarded on the 6 Trophy Days (and Frostbite) throughout the season will normally comprise three races with two out of three results counting towards the final positions.

GP14 Trophies		Menagerie Fleet	
Event 1	Eric Lea Trophy	Event 1	Howell Trophy
Event 2	G&P Trophy	Event 2	Dicey Tankard
Event 3	Rudd Trophy	Event 3	Top Ten Trophy
Event 4	Rose Cup	Event 4	Kitty Minnie
Event 5	Davis Cup	Event 5	Barjim Plate
Event 6	Rose Trophy	Event 6	Concord Cup
Frostbite (S)	Bickley Trophy	Frostbite (S)	Little Heath Trophy
Most Handicap Wins	Tony Mosley Trophy		

Laser Trophies		Pursuit Races
Event 1	Kestrel Trophy	Bond Trophy Chadwick Cup Stannard Trophy (Lady Helm) Salcombe Trophy (New Helm) Philippa Stothert (Junior) Trophy
Event 2	Douglas Trophy	
Event 3	Bovey Trophy	
Event 4	Laser Tankard	
Event 5	Laser Tray	
Event 6	Charisma Cup	
Frostbite (S)	Laser Cup	
Laser Most Races Sailed	Shackleton Trophy	

## Club Bye-Laws

### Full, Honorary and Adult Family Members

Shall have the full use of all the club premises and also be entitled to sail at times when there is no organised sailing. Such members may obtain a clubhouse key on payment of a small fee.

### Junior, Young and Student Members

Shall have full use of the club premises but may only sail in the presence of a clubhouse key holder at times when organised sailing is not taking place.

### Group Members

Shall be part of a group and shall abide by the conditions for the group as decided by the committee including restrictions on numbers attending the premises. Otherwise they shall have the same rights and privileges as other similar aged categories of membership of the club but shall not have the right to introduce visitors or take part in the management of the club but Group Leaders shall be Full Members of the club.

### Associate & Temporary Members

Which may include members of another RYA affiliated club shall be bound by the club rules, bye-laws and regulations of the club as if he or she were a full member but have no right to introduce visitors or to take part in the management of the club. ASSOCIATE Members are non-sailing members.

TEMPORARY members may enter club races or regattas if specifically authorised by the committee. Otherwise both TEMPORARY and ASSOCIATE Members shall have full use of the club facilities.

### Duties

It is a condition of membership that specified duties are undertaken in support of racing and organised leisure sailing. See Page 8 for further detail.

### Insurance

All dinghies, sailboards and paddle sports vessels must be insured through the class association or a registered insurer with third party cover for at least £3,000,000.

### Boat Buoyancy

Must be in accordance with class rules or to the satisfaction of the committee in the case of non-racing classes.

### Buoyancy Aids

Appropriate buoyancy aids must be worn at all times by persons afloat and on the Jetties Suitable buoyancy must be worn by young children on shore unless they are under close parental supervision.

- 2.12. Postponement.** The OOD may postpone races not started by making two sound signals and displaying the AP flag.
- 2.13. Abandonment.** The OOD may abandon all races that have started by making three sound signals and displaying the N flag.
- 2.14. General Recalls.** In the case of an unidentifiable number of boats starting early two additional sound signals will be made. The class flag and first substitute will be hoisted. The preparatory signal for the offending class (or classes) will be made with or after the Slow Handicap start.
- 2.15. Oral Instructions** will not be given except in accordance with any procedures set out in this booklet. This rule will not apply, however, to novelty races etc.
- 2.16. Penalties. Touching a mark.** ISAF rule 31 shall apply (i.e. a one turn penalty) other infringements ISAF rules 44.1 and 44.2 shall apply (i.e. the two turns/penalty). This overrides class prescriptions.
- 2.17. Finishing** Time Limit of 20 minutes will be imposed after the first boat in each fleet finishes. (15 mins. for the frostbite series). Boats failing to finish within the time limit will be deemed to have retired.
- 2.18. Protests.** Protest flags need not be flown: this overrides class prescriptions. Notice of intention to protest must be lodged with the OOD within ten minutes of the last boat finishing a race and dealt with according to instructions displayed in the race box.
- 2.19.** The standard three hull lengths for the zone shall apply for all marks on the course and all boats at those marks.

## 3. SCORING SYSTEM

- 3.1. Number of boats.** A minimum of two boats shall start with at least one finishing to constitute a race being sailed.
- 3.2. Points scored.** Points shall be awarded for each race as defined in RRS Appendix A4.1 Low Point System.
- 3.3. Race series.** When an event comprises a series of races they shall count as follows;  
3 sailed then 2 races to count,  
4 or 5 sailed then 3 races to count,  
6, 7 or 8 sailed then 4 races to count.  
For more than 8 races, 40% of the races sailed, rounded up shall count.
- 3.4. Ties.** If 2 sailors both count the same number of qualifying race wins then the sailors race scores shall be listed in order of best to worst, and at the first point where there is a difference the tie shall be broken in favour of the boat with the best score. Excluded scores shall be used to decide ties.

## 4. HANDICAPPING SYSTEM

Each helm will be allocated a personal handicap by the Fleet Captain which will be used in the calculation of results for handicap race.

## Fast Handicap and Other Trophies

Fast Handicap		Other Trophies
Event 1	Hobo Plate	<b>John Clarke Fresher's Trophy</b> Awarded to the most improved adult in the season at NBCSC.  <b>The Mathew Ainsworth Trophy.</b> Awarded to the Junior who, in the opinion of the Sailing Committee, has made the most progress and demonstrated the most potential throughout the year.
Event 2	Single Handed Tankard	
Event 3	Richards Trophy	
Event 4	Single Handed Salver	
Event 5	Madden Bell	
Event 6	Premier Cup	
Frostbite (S)	Shaw Jug	
Most Races Sailed - Fast Handicap	Greenlee Trophy	

## Boat Park and Berths

Nantwich & Border Counties Sailing Club provide facilities for storing your boat on site thus making it easier to enjoy sailing.

A charge set annually by the committee is made for any boats that are owned by club members. This charge is basically a launch fee but it also allows the owner to store their boat on the boat park on a designated space.

On request a berth space will be allocated to each boat by the berthing officer and a tag will be fixed to the trailer. The spaces are not transferable without permission. It is essential that any change of ownership of boats is also immediately notified to the berthing officer so that club records are kept up to date.

The berth fee rises to £25 per month for non-members. We have a policy of removing and selling "Abandoned Boats" and recovering any outstanding fees from the sale proceeds. We believe it is wrong for club members to fund ex-members who are just storing their boat.

A plan and member's name, their boat/s and berth number/s is available on the club website.

## Use of Club Boats.

The club has a number of boats which are primarily used for training purposes but these boat can be used by others when training is not taking place. They can be used by the trainees to continue to develop their skills after their formal training and they can be used by other club members for experience etcetera.

Trainees will be allowed to use the boats at no charge whilst other members will be expected to donate £5 per session. The donation should be put into the honesty box which is kept in the galley. Access to these boats for everyone should be arranged through the training team and must be booked in advance.

Club boats can only be used during organised sailing events and when there is a safety boat on duty. All damages and missing items must be immediately reported to the training team.

## Duties & Work Parties.

Any amateur club like ours relies on people to do the necessary work to enable it to function. Much of this work is contributed in the form of Duties and Work Parties. Whilst duties are mandatory and help the club to organise sailing and racing activities, work parties are not and are more about maintaining the site and equipment for us all to use. However, you will get a discount off your following years annual subscription if you do attend work parties.

### Duties

It is a condition of membership that all full members (Single Adult, Family and Junior) complete 3 duties each year. Duties are undertaken in support of organised leisure sail and racing days.

At the beginning of the year, all members are invited to self-select duties to suit their needs through the Dutyman System. Dutyman also provides the ability to swap duties during the year. Families may share duties by 2 people attending on the same day. Any member not selecting their duties after the middle of January will have them allocated by the **Duty Coordinator: duties@nantwichsail.com**

The **Officer of The Day** (OOD) coordinates members of his duty team to carry out the different tasks required. These consist of Assistants, Safety Boat Officer, Race Recording and Galley Staff. Detailed descriptions of the tasks to be completed are recorded on our web site under the "Duties" tab.

### Work Parties

Work parties are a means of keeping the club buildings, grounds and water in a good state also to keep running costs down. Everything done by everybody at the club is on a voluntary basis so the more people who help with work parties the better it is for everyone. The club provide a £13 rebate for each work party completed (maximum £26 but only for Family and Adult Members) against the following year's membership.

Each year there are five designated Saturday mornings where members join together in doing a whole range of different maintenance task, it may be cleaning the clubhouse, painting or mending fences and so on. We meet at 9:00 and expect to finish by 12:30. It is also an opportunity of socialising with other members of the Club you may not meet in your normal sailing activities - everyone seems to enjoy them.

The Annual Membership form enables you to plan and identify which Work Parties you can attend but we are always flexible on these dates. If these Saturdays are not suitable, other tasks can be allocated to suit your specific needs.

There are other tasks in which you can help the club such as assisting with Training. We hold regular training courses to enable members to achieve RYA Qualifications enabling them to extend their sailing knowledge and capability.

**Volunteers-** The Club loves Volunteers. Many members often wish to do more for the club and there are different ways in which this can be achieved. A typical example of this is our training team who give their time to become fully qualified RYA instructors but often start by helping out.

## Sailing Instructions - Club Racing

### 1. Status

These Sailing Instructions apply only to club events. A separate set of instructions will apply to Open or Invitation Events hosted by the club.

### 2. Procedure

**2.1. Rules.** Racing will be governed by the current edition of the Racing Rules of Sailing (RRS) with prescriptions of the RYA and the Class Association except as modified herein.

**2.2. Type of Race** will be as published in the programme in this booklet unless otherwise notified.

**2.3. Dinghy Classes.** Only craft with a Portsmouth Yardstick between 1051 and 1386 inclusive and other craft approved by the committee may participate in races. All dinghies racing shall conform to class rules, including boat buoyancy. Mirror dinghies may be raced either single-handed or with a crew, on level terms. Valid class measurement, sail and buoyancy certificates issued by the Class Association must be produced if required for inspection by the committee.

**2.4. Officer of the Day (OOD).** The club member appointed as OOD shall be responsible for the general conduct of the programmed event and for the enforcement of Club Rules and Sailing Instructions. The OOD has discretion to report any violation or non-compliance to the committee.

**2.5. Courses** to be sailed will be displayed on the start boat and optionally on the race box. The course displayed on the start boat will take precedence in the event of a discrepancy. The course or number of laps may be modified at any time before the first gun, or shortened during the race. Marks shall be passed in the order shown to port or starboard depending on the colour shown. The normal finishing line is an extension of the line from the start box and pole, the outer extension is buoy one. When finishing buoy one shall be passed to the side indicated on the course board. An alternative finish line may be set at the discretion of the OOD.

**2.6. Starting Times.** The starting sequence for the first race of the day shall not begin before the time specified in the sailing programme.

**2.7. Personal Flotation Device.** All shall wear a life-jacket or buoyancy aid whilst afloat.

**2.8. Sailboards,** paddle sports vessels and non-participating dinghies will not normally be permitted to sail when organised racing is taking place and within 30 minutes of the start of such racing. This restriction may be varied at the discretion of the OOD

**2.9. Entry.** Helms intending to take part in a race must sign the race entry sheet giving name of helm and crew, and the sail number of the boat. Helms sailing boats other than their own or using sails bearing markings other than their own numbers must inform the OOD.

**2.10. Declaration.** The declaration sheet must be signed by the helm within 10 minutes of the last boat finishing the race; otherwise results will not count towards Trophies, points or prizes. Anyone not signing off shall be presumed to have retired and will be awarded a DNF.

**2.11. Recalls.** If any boat starts early a sound signal will be made immediately after the starting signal and the class flag will remain at half-mast until all boats in that class have started correctly. Where possible sail numbers of offending boats will be hailed but the onus is on helms to return and start correctly. Boats not starting to the satisfaction of the OOD will be disqualified.